



FOREVER GREEN

DINING WITH NATURE

BREAKFAST (*SERVED UNTIL 11AM)

"Breakfast is everything. The beginning, the first thing. It is the mouthful that is the commitment to a new day, a continuing new life" – A A Gill

***Forever Green Breakfast^{gfo} | £8**

2 rashers of bacon, 2 sausages, beans, grilled tomato, mushrooms, poached, fried or scrambled egg, hash brown and toast.

***Small Breakfast^{gfo} | £5.50**

1 rasher of bacon, 2 sausages, beans, grilled tomato, mushrooms, poached, fried or scrambled egg, hash brown and toast.

***Large Breakfast^{gfo} | £10.50**

3 rashers of bacon, 3 sausages, black pudding, beans, grilled tomato, mushrooms, poached, fried or scrambled egg, hash brown and toast.

VEGAN BREAKFASTS

Vegan Sausage Sandwich^ψ | £3

white or brown sliced bloomer, white or brown baguette

Ciabatta | £3.50

Crushed avocado^ψ | £4.50

sourdough.
or with a choice of toppings - chilli flakes, cherry tomato, pomegranate seeds or strawberries. | £2 each

Raspberry & Coconut Soaked

Oats^{ψgf} | £4.50

honey, toasted hazelnuts.

LIGHT BREAKFASTS (*SERVED UNTIL 11AM)

***Forever Green Omelette^{gf} | £6**

with the choice of 2 fillings; cheese, ham, peppers, tomato, mushroom, onion.

***Eggs on Toast^{vgfo} | £4**

Poached or scrambled on white or brown bloomer or toasted muffin.

***Crumpets Benedict^v | £5.50**

poached eggs, hollandaise.

Bacon Sandwich^{gfo} | £3

white or brown sliced bloomer, white or brown baguette.

Ciabatta | £3.50

Sausage Sandwich | £3

white or brown sliced bloomer, white or brown baguette.

Ciabatta | £3.50

Danish Pastries^v | £3.50

served warm.

Croissants^v | £3.50

butter & jam.

Toasted Teacake^v | £2.20

butter & jam.

EXTRAS

2 Sausages | £2.50 | 2 Bacon Rashers | £2.50 | Fried Egg | £1.50 | Mushrooms | £1.50 | Hash Brown | £1.50 | Toast | £1.50 | Beans | £1.50 | Black Pudding | £1.50 | Grilled Tomato | £1.50

If you suffer from any allergies, please make your server aware before or whilst ordering. ^{gf} denotes dishes that are gluten free. ^{gfo} denotes dishes that can be served gluten free. ^ψ denotes dishes that are vegan. ^v denotes dishes that are vegetarian. All items on the menu are prepared and stored in a kitchen containing allergens. All dishes include 20% VAT.



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SANDWICH

All served on either sliced white or brown bloomer bread, white or brown baguette or wrap served with a side salad.

Cheese & Pickle ^{vg°} £3.90	Ham & Cheese ^{g°} £4.30	Steak & Onion ^{g°} £6.70
Cheese & Onion ^{vg°} £3.50	Ham & Mustard £3.90	Egg Mayo ^{vg°} £3.50
Smoked Salmon & Cream Cheese ^{g°} £4.80	Cheese & Tomato ^{vg°} £3.50	
Tuna Mayo & Cucumber ^{g°} £3.90	Bacon, Brie & Cranberry ^{g°} £4.50	
Prawn, Avocado & Marie Rose ^{g°} £4.70	Feta & Olive Salad ^{vg°} £3.90	
BBQ Chicken, Bacon & Cheese ^{g°} £4.50	Pastrami & Emmental ^{g°} £4.80	
Haloumi & Roasted Pepper ^{vg°} £4.80	Hummus & Grated Carrot ^{ψg°} £4.80	
Goats Cheese & Red Onion Chutney ^{vg°} £4.80	BLT ^{g°} £4.80	

CIABATTA

All served with a side salad.

Cheese & Pickle ^{vg°} £4.40	Ham & Cheese ^{g°} £4.80	Steak & Onion ^{g°} £7.20
Cheese & Onion ^{vg°} £4	Ham & Mustard £4.40	Egg Mayo ^{vg°} £4
Smoked Salmon & Cream Cheese ^{g°} £5.30	Cheese & Tomato ^{vg°} £4	
Tuna Mayo & Cucumber ^{g°} £4.40	Bacon, Brie & Cranberry ^{g°} £5	
Prawn, Avocado & Marie Rose ^{g°} £5.20	Feta & Olive Salad ^{vg°} £4.40	
BBQ Chicken, Bacon & Cheese ^{g°} £5	Pastrami & Emmental ^{g°} £5.30	
Haloumi & Roasted Pepper ^{vg°} £5.30	Hummus & Grated Carrot ^{ψg°} £5.30	
Goats Cheese & Red Onion Chutney ^{vg°} £5.30	BLT ^{g°} £5.30	

SIDES | £2.70

Chunky Chips | Fries | Potato Wedges | Salad

BAKED POTATO

Served with a side salad. With or without butter.

Cheese^v | £3.50 | Vegan Chilli^{ψgf} | £4.30 | Bacon, Brie & Cranberry^{gf} | £4.50 |
Beans^ψ | £3.70 | Tuna Mayo^{gf} | £4.30 | Beef Chilli^{gf} | £4.50 | Coleslaw^{vggf} | £3.70 |
Prawn & Marie Rose^{gf} | £4.30 | BBQ Chicken & Cheese^{gf} | £4.50

EXTRA TOPPINGS | £1.20

Beans | Cheese | Coleslaw

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SALAD

Mixed leaves, cucumber, peppers, tomato & onion with a choice of topping and dressing.

Tomato Burrata & Broad Bean^v | £8.50

Steak & Stilton^{gf} | £8.50

Steak, Aubergine & Feta^{gf} | £8.50

Smoked Salmon & Prawns^{gf} | £8.50

Chicken & Bacon^{gf} | £8.50

DRESSING

Caesar^{gf} | Thousand Island^{ψgf} | French^ψ | Honey & Mustard^{gf} | Balsamic Glaze^{ψgf}

FOREVER GREEN OMELETTE | £6.80

Our signature omelettes are served with a choice of 2 fillings and served with either fries & beans or mixed salad^{gf}

FILLINGS

Ham | Mushrooms | Cheese | Tomato | Peppers | Sausage | Onion

GRILL

Gammon Steak^{gf} | £8.50

fried egg, chips, salad

Flat Iron Steak (8oz)^{gf} | £9

peppercorn sauce, salad, chips or wedges

Cauliflower Steak^{ψgf} | £8

roasted red pepper & olive salsa, toasted almonds

Beet Burger*^ψ | £7.80

guacamole, lettuce, tomato, red cabbage, chips *contains celery

Pan Fried Sea Bass | £8.75

avocado, cherry tomatoes, chilli

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SMALL PLATES & MAIN COURSES

Dishes with 2 prices are available as either a small plate or main course option.

Smoked Salmon & Scrambled Egg^{gf} | £5.50 | £8.50

mixed leaves

Crispy Chicken Beetroot Wrap | £5.50

yogurt, sweet chilli

Miso Salmon^{gf} | £5 | £8.50

ginger noodles

Smoked Duck & Pinenut Salad £4.50^{gf} | £8.50

sundried tomato balsamic

Pork & Pineapple Skewers^{gf} | £5 | £8.50

marinated green peppers, spring onion, coriander

Macaroni Cheese^v | £5 | £8

garden peas, asparagus

Sourdough Rarebit^v | £4.50 | £8

goats cheese & mustard, grated beetroot

Lamb Koftas | £5 | £8.50

salad, mint yogurt

Cherry Tomato, Pea & Courgette Frittata^{gf/v} | £7.50

new potatoes, feta

Hunters Chicken^{gf} | £8

new potatoes

Forever Green Brunch^{so} | £8

sausages, bacon, beans, grilled tomato, mushrooms, fried egg, chips

Braised Chicken Thighs | £8

cannellini bean stew, parmesan cous cous

Swedish Meatballs | £8.75

beetroot & apple salad

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