

FOREVER GREEN



- BREAKFAST -

FOREVER GREEN BREAKFAST	8	LARGE BREAKFAST	10.5
2 bacon, 2 local sausages, beans, grilled tomato, mushrooms, poached/fried/scrambled egg, hash brown and toast. Served until 11am		3 bacon, 3 local sausages, beans, grilled tomato, mushrooms, poached/fried/scrambled egg, hash brown, local black pudding, and toast. Served until 11am	
SMALL BREAKFAST	5.5	VEGETARIAN BREAKFAST V	8
1 bacon, 2 local sausages, beans, grilled tomato, poached/fried/scrambled egg, and toast. Served until 11am		2 vegetarian sausages, beans, hash brown, grilled tomato, poached/fried/scrambled egg, and toast. Served until 11am	
OMELETTE GF	6	CRUSHED AVOCADO VE	4.5
3 egg omelette with choice of 2 fillings; cheese, ham, peppers, tomato, mushroom, onion		Served on toasted sourdough	
CRUMPETS BENEDICT V	5.5	EGGS ON TOAST V	4
Poached eggs on toasted crumpets with hollandaise sauce. Served until 11am		Poached/scrambled on white or brown or English muffin. Served until 11am	

- LIGHT BITES -

TOASTED TEACAKE **V** 2.2
Served with butter & jam

CROISSANTS **V** 3.5
Served with butter & jam

PASTRIES **V** 3.5
3 Danish pastries, served warm

- SANDWICHES -

SAUSAGE 3
White or brown bread/white or brown baguette
Ciabatta 50p extra. ADD Bacon, Fried Egg, Mushrooms, Hash Brown, or Black Pudding for £1.50

BACON **GFO** 3
White or brown bread/white or brown baguette
Ciabatta 50p extra. ADD Sausage, Fried Egg, Mushrooms, Hash Brown, or Black Pudding for £1.50

VEGAN SAUSAGE **VE GFO** 3
White or brown bread/white or brown baguette
Ciabatta 50p extra. ADD Mushrooms or Hash Brown for £1.50

V Vegetarian VE Vegan GF Gluten Free GFO Gluten Free Option Available. All food and non-alcoholic beverage items include 5% VAT. Alcoholic beverage items include 20% VAT

- SANDWICHES -

CHEESE & PICKLE V GFO	3.9	BACON, BRIE & CRANBERRY GFO	4.5
White or brown bloomer/white or brown baguette/wrap		White or brown bloomer/white or brown baguette/wrap	
Ciabatta 50p extra		Ciabatta 50p extra	
HAM & CHEESE GFO	3.9	SMOKED SALMON & CREAM CHEESE GFO	4.8
White or brown bloomer/white or brown baguette/wrap		White or brown bloomer/white or brown baguette/wrap	
Ciabatta 50p extra		Ciabatta 50p extra	
EGG MAYO V GFO	3.5	STEAK & ONION GFO	4.9
White or brown bloomer/white or brown baguette/wrap		White or brown bloomer/white or brown baguette/wrap	
Ciabatta 50p extra		Ciabatta 50p extra	
CHEESE & TOMATO/ONION V GFO	3.5	PRAWN, AVOCADO & MARIE ROSE GFO	4.7
White or brown bloomer/white or brown baguette/wrap		White or brown bloomer/white or brown baguette/wrap	
Ciabatta 50p extra		Ciabatta 50p extra	
TUNA MAYO & CUCUMBER GFO	3.9	HALOUMI & ROASTED PEPPER V GFO	4.8
White or brown bloomer/white or brown baguette/wrap		White or brown bloomer/white or brown baguette/wrap	
Ciabatta 50p extra		Ciabatta 50p extra	
BBQ CHICKEN, BACON & CHEESE GFO	4.5	GOATS CHEESE & RED ONION CHUTNEY V GFO	4.8
White or brown bloomer/white or brown baguette/wrap		White or brown bloomer/white or brown baguette/wrap	
Ciabatta 50p extra		Ciabatta 50p extra	

- SIDES -

CHUNKY CHIPS 2.7	FRIES 2.7	POTATO WEDGES 2.7	SIDE SALAD 2.7
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- BAKED POTATO -

CHEESE V 3.5	VEGAN CHILLI VE 4.3	BACON, BRIE & CRANBERRY 4.5	BEANS VE 3.7	TUNA MAYO 4.3
BEEF CHILLI 4.5	COLESLAW V 3.7	PRAWN & MARIE ROSE 4.3	BBQ CHICKEN & CHEESE 4.5	
EXTRA TOPPINGS				
	BEANS 1.2	CHEESE 1.2	COLESLAW 1.2	

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- SALAD -

STEAK & STILTON 8.5

STEAK, AUBERGINE & FETA 8.5
FETA & OLIVE **V** 8.5

SMOKED SALMON & PRAWNS 8.5

CHICKEN & BACON 8.5

DRESSING

CAESAR/THOUSAND ISLAND/FRENCH/HONEY & MUSTARD/REDUCED BALSAMIC

- FOREVER GREEN FAVOURITES -

3 EGG OMELETTE **GF** 6.8

With fries and beans

and 2 fillings

Ham/Cheese/Mushrooms/Onion/Peppers/Sausage

HOMEMADE STEAK & MUSHROOM PIE 8.5

Served with potato wedges

HUNTERS CHICKEN **GF** 8

As classic as ever. BBQ sauce, cheese & bacon wrapped chicken breast with new potatoes

8oz FLAT IRON STEAK 9.8

Cooked to your preference with chunky chips or potato wedges, salad, and peppercorn sauce

GAMMON STEAK 8.5

Served with fried egg, chips, and salad

FOREVER GREEN BRUNCH 8

Missed breakfast? No problem. 2 sausages, bacon, beans, mushrooms, grilled tomato, fried egg, and chips

- SMOOTHIES -

BERRY BONANZA/GREEN MACHINE (**contains celery**)/BEET & BLEND 3.5

- FRAPPES -

VANILLA/CARAMEL/HAZELNUT 3

- FROBISHERS -

ORANGE/CLOUDY APPLE/CRANBERRY/BUMBLEBERRY 2.2

- WATER -

STILL/SPARKLING 1.3

- HARTRIDGES -

ORANGE & PASSION FRUIT/APPLE & MANGO/APPLE & RASPBERRY 2.5

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- SMALL PLATES & MAIN COURSES -

<p>SLOW BRAISED PORK SHOULDER 8.5 Served with carrots and roasted parsnips, new potatoes, and a cider gravy</p> <p>CRISPY CHICKEN BEETROOT WRAP 5.5 Fried chicken fillets with yogurt and sweet chilli sauce in a wrap made from beetroot (it's purple!)</p> <p>INDIAN HONEY ROAST SALMON 5.5/8.5 Available as a small plate or main course. Served with a micro salad (main course option served with new potatoes)</p> <p>SMOKED DUCK & PINENUT SALAD GF 4.5/8.5 Available as a small plate or main course. With a sun-dried tomato balsamic drizzle</p> <p>"DAMBUSTERS" TOAD IN THE HOLE 8.5 Black pudding sausages in a Yorkshire pudding served with an onion gravy and potato wedges</p> <p>STICKY SPICED LAMB SHANK 9.8 On a mustard mash, and a garlic & mint gravy</p>	<p>WELSH RAREBIT V 4.5/8 Available as small plate or main course. Goats cheese & mustard toasted onto sourdough, with mixed leaves and grated beetroot</p> <p>LAMB KOFTAS 5/8.5 Available as small plate or main course. 2 or 3 lamb koftas served with a salad and mint yogurt</p> <p>CHICKEN & SMOKED HAM LASAGNE 8.5 Layered with spinach, mozzarella, and parmesan</p> <p>SEAFOOD TAGLIATELLE 5.5/8.5 Available as a small plate or main course. Mixed seafood with tomato, garlic, paprika and parsley</p> <p>MAC 'N' CHEESE 5.5/8.5 Available as a small plate or main course. Macaroni in a creamy, cheese sauce with pepperoni and mushrooms</p> <p>SWEET POTATO & CHICKPEA CURRY VE 8.5 With spinach, turmeric rice and mini naan bread</p>
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- WINE -

125/175/250/BOTTLE

- WHITE -

CAPE MARLIN CHENIN BLANC 3.25/4.25/6.5/19

PEREGRINO SAUVIGNON BLANC 3.5/4.5/7/21

MIRABELLO PINOT GRIGIO 4/5/8/22.5

- RED -

GOLD COUNTY CABERNET SAUVIGNON 3.25/4.25/6.5/19

VOLONDAS MERLOT 3.5/4.5/7/21

MOUNTBRIDGE SHIRAZ 4/5/8/22.5

- ROSE -

PINK ORCHID ZINFANDEL 3.25/4.25/6.5/19

- BEER -

PINT/HALF

BUD LIGHT 3.6/1.8

STELLA ARTOIS 4.6/2.3

BODDINGTONS 3.6/1.8

MAGNERS ORIGINAL 3.9/1.95

MAGNERS DARK FRUIT 4/2

BOTTLE

PERONI NASTRO 4.2

BUDWEISER 4.2

BECKS 4.2

PUNK IPA 4.2

PERONI LIBERA (0% ABV) 3.5

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